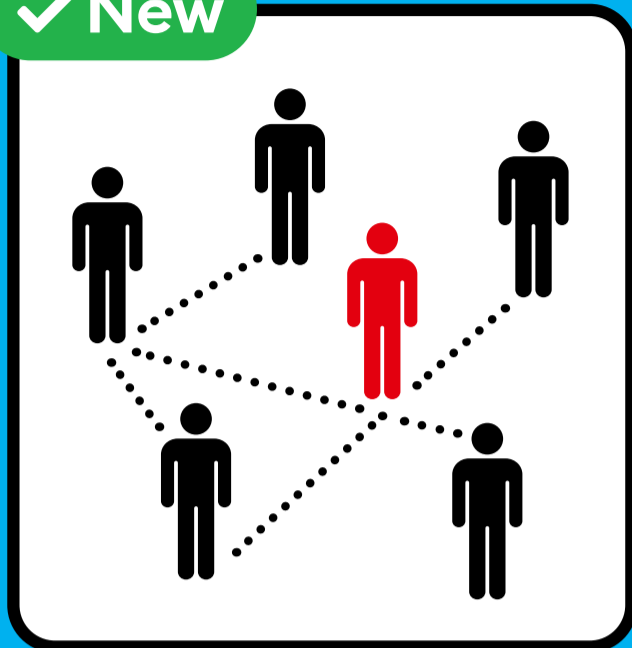


**PROTECT YOURSELF  
AND OTHERS**

✓ New

**Coronavirus tests and contact tracing  
break the chains of infection.****Why these two measures  
are so important:**

In order to live an almost 'normal' life, anyone experiencing symptoms of illness should get themselves tested for coronavirus immediately - even if the symptoms are only mild. In addition to testing, it is also important that people provide their contact details, for example, when going to a restaurant, so that they can be traced if necessary. Because infected people may already be contagious, even if they still feel healthy. Testing and contact tracing can break the chain of infection.

**If the coronavirus test is positive, the contact tracing process begins**

- The cantonal authorities work with the infected person to try to identify all those they may have come into close contact with.
- The authorities notify the people concerned about the possibility of infection and what to do next.
- The individuals concerned have to go into quarantine for ten days following their last contact with the infected person, even if they have no symptoms.
- If no infection is detected during that time, the authorities lift the quarantine.

**If a person contacted by the authorities is already displaying symptoms of illness**

- The person must isolate themselves immediately and will be tested for the coronavirus.
- If the test is positive, the authorities will start the contact tracing process.

**If a person in quarantine experiences symptoms**

- The person concerned must isolate themselves immediately.
- They will then be tested for the coronavirus.
- If the test is positive, the authorities will begin the contact tracing process.
- As the person is already in quarantine, there should only be a small number of contacts, if any. The quarantine will have had the effect of breaking the chain of infection.

**SwissCovid contact tracing app**

To contain the spread of the coronavirus, the FOPH will shortly be launching an app. The app notifies people who have had close contact with someone who has fallen ill, even if they do not know that individual personally. The privacy of app users has the highest priority - no personal data is stored centrally.

**That way we can protect ourselves and others.**

**The Federal Council**

**[www.foph-coronavirus.ch](http://www.foph-coronavirus.ch)**



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**Bundesamt für Gesundheit BAG**  
**Office fédéral de la santé publique OFSP**  
**Ufficio federale della sanità pubblica UFSP**  
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