

Working together for healthy, respectable, fair and successful sport.

## The nine principles of the Charter for Ethics in sport

### 1 Equal treatment for everyone.

Nationality, age, gender, sexual orientation, social background, religious and political affiliation do not lead to discrimination.

### 2 Sport and social environment in harmony.

The demands in training and competition are compatible with education, career and family life.

### 3 Strengthening personal and shared responsibility.

Athletes are involved in decisions that affect them.

### 4 Respectful encouragement rather than excessive demands.

Measures to achieve sporting goals do not damage either the physical or psychological integrity of the athletes.

### 5 Educating on fairness and environmental responsibility.

Behaviour towards others and towards the environment is characterised by respect.

### 6 Rejecting violence, exploitation and sexual abuse.

Physical and psychological violence as well as any form of exploitation are not tolerated. Raising awareness, maintaining vigilance and rigorous intervention.

### 7 Rejecting doping and drugs.

Ongoing information and immediate intervention in the event of consumption, administering or distributing substances.

### 8 Abstaining from tobacco and alcohol consumption during sport.

Demonstrating the risks and consequences of consumption at an early stage.

### 9 Opposing all forms of corruption.

Encouraging and stipulating transparency in decisions and processes.  
Dealing with conflicts of interest, gifts, regulating financing and gambling, and consistent disclosure.

[www.spiritofsport.ch](http://www.spiritofsport.ch)

... for the **SPiRiT** of **SPORt**

# Respect

Sport brings people together.

From all over the world and each in his or her unique way.

Teaching fairness

Environmental responsibility

Ethics in sport may not be a widely-discussed issue,

Sport in harmony with the social sphere!

but it is the most important one.

Swiss sport has a clear foundation stone.

## The Charter for Ethics in Sport

... for the **SPIRIT of SPORT** is the highest basic principle for Swiss sport. Wherever it appears, it reminds us that sport depends on sportsmanship.

... for the **SPIRIT of SPORT** sums up what the Charter for Ethics in Swiss Sport demands. Its seven principles for healthy, respectful and fair sport are an obligation for everyone in sport.

... for the **SPIRIT of SPORT** is applied by Swiss Olympic and the Federal Office of Sport (FOSPO) where sportsmanship is practised visibly and consistently.

[www.spiritofsport.ch](http://www.spiritofsport.ch)

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Shared responsibility

Sport in harmony with the social sphere!

Sport means emotions. They include respect for

and responsibility towards oneself and others.

not excessive pressure

Fairness