

Essenzen

"The Path/Way of martial arts is the path for peace ... Regardless of the change that time brings; as it was in the past, Martial Arts has not altered it's true essence now and it never will in the future to come."

Grandmaster Hironori Ōtsuka
Creator of the Wadō-ryū
style of Karate

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"True art has
no goal and
no purpose."

Awa Kenzô
Kyudo Master

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*"Tournament Karate is healthy, good for youngsters
to compare and see where you stand, to accept
defeat and wins with equal smiling face"*

Shihan Fumio Demura, 9th Dan in Shitō-ryū Karate / Kobudo

"Karate is not about winning.
It's about **not losing**."

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Master Shigetoshi Senaha / 9th dan Gojuryu Karate

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Chris Wilson Photography

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“Repetition
is the
mother
of all
skills.”

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Punong Guro Edgar Sulite
Teacher of Filipino Martial Arts

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